



Give Army Parents a Break is a group of Army and Civilian partners working together to support geographically dispersed and deployed Army Families by providing them with occasional paid child care.

This initiative serves geographically dispersed Army Recruiters, Drill Sergeants, ROTC Cadre and deployed Army National Guard and deployed Army Reserve Families.

Which families are eligible to participate?

Army National Guard and Army Reserve Families are eligible and can access up to 16 hours of paid child care per month per child (can use 30 days prior to deployment, during deployment, and up to 90 days after return from deployment).

Accessions Command (Army Recruiters, ROTC cadre [trainers; can use May-Sept.], and Drill Sergeants) are also eligible and can access up to 8 hours of paid child care per month per child.

Children must be between the ages of 0-12.

Families must enroll with NACCRRRA to be eligible to participate. They should call 866-892-3228.

How can paid child care be used?

Paid child care must be used in increments of 2 hours and cannot replace regular child care. Families have discretion to use these hours to take care of personal needs, such as doctor appointments, running errands, going to the gym, having some quiet time, or other activities to help reduce their level of stress. Families may also use their paid care for non-traditional hours including evenings and weekends.

Which providers are eligible to participate?

Child Care Providers are eligible to participate if they are state licensed by the Section for Child Care Regulation. (The Department of Defense requires providers to be licensed and inspected annually.)

What are the reimbursement rates for providers?

Providers are reimbursed directly from NACCRRRA at the rate of \$10/hour for the 1st child, \$5/hour for the 2nd child, and \$20 max/hour for 3 or more children. Providers must enroll with NACCRRRA to be eligible to participate.

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