



Questions about BREASTFEEDING?

La Leche League offers:

- Mother-to-mother support
- Leaders accredited by La Leche League International
- Latest breastfeeding information
- Free 24-hour telephone help (*All breastfeeding questions welcome! Call any Leader listed below.*)
- Lending library with books on breastfeeding, childbirth,

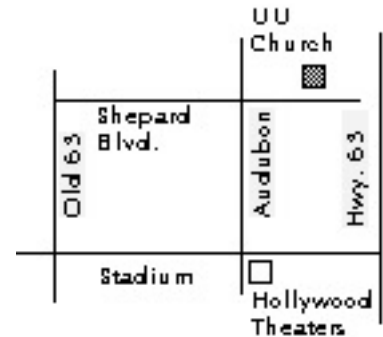
Our meetings are:

- Free
- Open to any questions
- Open to all pregnant women, mothers, babies and children
- A great opportunity to meet other breastfeeding moms



Find us on Facebook as
Columbia MO La Leche League

Talk to a Columbia, Missouri Leader:
573-340-6555



Meeting location:

Unitarian Universalist Church
2615 Shepard Blvd.

Columbia Morning Group

meets the 2nd Thursday of each month at 10 a.m.

January 12, 2017
February 9, 2017*
March 9, 2017
April 13, 2107*
May 11, 2017
June 8, 2017*
July 13, 2017
August 10, 2017*
September 14, 2017
October 12, 2017*
November 9, 2017
December 14, 2017*

Columbia Evening Group

meets the 3rd Tuesday of each month at 7 p.m.

January 17, 2017*
February 21, 2017
March 21, 2017*
April 18, 2017
May 16, 2017*
June 20, 2017
July 18, 2017*
August 15, 2017
September 19, 2017*
October 17, 2017
November 21, 2017*
December 19, 2017

*Dads welcome!