

"Coping with Early Adversity"

FREE Community & Practitioner Workshop



Dr. Ross Thompson

Distinguished Professor, Department of Psychology, University of California, Davis

Dr. Ross Thompson is a distinguished professor of psychology at the University of California, Davis, and is director of the Social & Emotional Development Lab. He has served twice as associate editor of *Child Development*, was a Senior NIMH Fellow in Law and Psychology at Stanford University in 1989-90, and served on the Committee on Integrating the Science of Early Childhood Development (1998-2000) and the Committee on the Science of Children Birth to Age 8 (2013-15) of the National Research Council/Institute of Medicine. He has written several books on psychology with a focus on children and development.

Wednesday, September 13, 2017

8:30 am - 11:30 am

(Doors open at 8:00 am)

Peachtree Catering & Banquet Center

120 E Nifong Blvd # D, Columbia, MO 65203

RSVP:

www.surveymonkey.com/r/5PMKSD3

Please RSVP by September 4th for our planning purposes.

The goal is to survey recent research on the effects of stress on the developing brain and behavior and its implications for those who work with young children in early care and education settings, health care, family practice, and other contexts. Current understanding of how to address the challenges of young children who have experienced stress, adversity, and trauma are discussed, along with avenues of prevention, within the context of the growing field of infant/early childhood mental health. The presentation will lead to "table talk" guided by discussion of the implications of this work for practitioners in different fields.

Workshop Objectives:

- Participants will understand the nature and sources of stress for young children.
- Participants will understand behavioral and biological effects of chronic stress in early development.
- Participants will learn infant/early childhood mental health prevention and intervention strategies.

Presentation is pending approval for continuing education and clock hours for social workers, counselors, and child care professionals.



Questions? Email kcummins@boonecountymo.org or call (573) 886-4298

