



Daniel Boone Regional Library

www.dbrl.org • (573) 443-3161 • 1-800-324-4806 • P.O. Box 1267, Columbia, MO 65205

Resources for Further Research

AARP- <https://www.aarp.org/caregiving/>

This site offers legal checklists, information on care options, Alzheimer's programs, and a Family Caregiving guide and more.

Alzheimer's Association- <http://www.alz.org/>

Comprehensive information for family caregivers. The association also offers downloadable resources dealing with a variety of issues.

Alzheimer's Association 24/7 Helpline- 1-800-272-3900

If you are experiencing a crisis, you can talk to clinicians and specialists. It also offers local information on programs and services and decision support.

Alzheimer's Foundation- <https://alzfdn.org/>

Resources for those with dementia and Alzheimer's and their caregivers. You can access caregiving resources, dozens of fact sheets, webinars and more.

Alzheimers.gov <https://www.alzheimers.gov/>

This is a federal government site on Medicare coverage, treatment options and local community resources for Alzheimer's.

Community Resource Finder- <https://www.communityresourcefinder.org/>

This combined project by AARP and the Alzheimer's Association provides access to Alzheimer's and dementia resources, community programs, medical services, and local long-term options.

National Alliance for Caregiving- Brain Health- <https://www.caregiving.org/talkbrainhealth/>

A tool kit that provides an easy to follow guide for those who provide care. There is a "share your story" component that helps you access other's experiences.



Callaway County Public Library, 710 Court St., Fulton, MO 65251, (573) 642-7261

Columbia Public Library, 100 W. Broadway, Columbia, MO 65203, (573) 443-3161

Holts Summit Public Library, 188 W. Simon Blvd., Holts Summit, MO 65043, (573) 606-8770

Southern Boone County Public Library, 109 North Main St., Ashland, MO 65010, (573) 657-7378